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work in Russia. And, above all, let your thought fly to the reign of hunger and death where nurses, loyal to their duty, assume their painful labor. Talk to those of your countrymen who have been in Russia and beg them to give you particulars and to tell you how thousands of Russian nurses are living, working and perishing, and we feel convinced that you cannot remain insensible to their fate and that you will help those whom we are incapable to assist. You will be able to better their conditions. Leaning on the authority of your country, you will be able to prove that it is impossible to keep nurses in prison. You will send on the spot an international nursing organization in order to study the situation of Russian nursing institutions, you will organize the sending of food parcels on a very large scale, and save the life of many thou-

sands of Russian nurses. And we believe that you will do it. And, as you have erected a beautiful monument to the memory of American nurses in the Nurses' Home and School of Florence Nightingale at Bordeaux, you will leave an everlasting memory in the thankful hearts of Russian nurses to whom you have stretched a helping hand across the ocean, a true sister's hand at a time of terrible trials and calamities.

A. ROMANOFF,

*Chairman of the Central Committee of the "Union of Russian Nurses Abroad"; Chief Matron of the Russian Red Cross.*

(Contributions for the relief of Russian nurses will be received at National Headquarters, American Nurses' Association, R. Inde Albaugh, Office Director.)

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#### CHRISTMAS SEALS

Every person who buys Christmas seals becomes a working partner in the great campaign to stamp out tuberculosis. There are, at the present time, over one million active cases of this preventable disease in this country and it is estimated that we have a like number of inactive cases. The campaign against tuberculosis has always been an educational one and the little seals have raised a grand total of \$20,000,000 for this work which has resulted in reducing the death rate from 200 per hundred thousand in the Registration Area sixteen years ago, when the first seals were sold, to 100 per hundred thousand.

There are eight elements in the campaign to which Christmas Seal Sale money has been and is applied. Those are: (1) for increasing the number of hospitals and sanatoria for the treatment of tuberculosis from 100 (16 years ago) to nearly 700 with approximately 60,000 beds; (2) for establishing over 550 clinics and dispensaries; (3) in securing at least 3,500 special tuberculosis nurses who instruct, in the home, mothers and their families; (4) toward research work; (5) for statistical study; (6) for publicity in distributing during the past 16 years approximately 1,000,000 pieces of printed matter; (7) for the Modern Health Crusade which has enrolled nearly 8,000,000 school children who are learning daily health habits; (8) toward securing over 3,000 open air schools and preventoria.

Buy Tuberculosis Seals in December. Let your packages and letters carry the message of hope and health that is hidden in every seal.